



*Vijayash Foundation- Inspiring Life*

*A Training & Development Organization*



**"We Blend Psychology & Spirituality to  
Motivate, Inspire & Uplift Others"**

# PROFILE

## **Vijayash Foundation - Inspiring life – A Training and Development Organisation**

Founded in April 2015, Vijayash Foundation is engaged in :-

### **Motivating, Inspiring & Uplifting Lives through :-**

- Life Skills, Spiritual Motivational & Happiness Workshops and Training
- Education and Development of less privileged children
- Psychological Counselling & Mind Therapy
- Women Empowerment / Senior Citizens Training
- Yoga & Meditation

### **1) Life Skills, Spiritual Motivational and Happiness Workshops and Training**

Vijayash Foundation has so far conducted over 550 Life Skills, Soft Skills, Motivational Happiness & Spiritual Training and Workshops in Schools, Colleges, Children Homes, NGOs, Professional Institutes, Corporate Sector, Management Associations, Residential Societies, Govt. offices, Skill Centres, ITIs etc.

The emphasise is on development of mental health of the masses by training their mind, by improving their thoughts, mindsets, lifestyles and encouraging them to always be on right path for a Successful, Healthy and Happy Life.

Aim is to be recognised as a leading Training and Developing Organisation on all India basis.

Promoting SDG-3 of UNDP i.e. “Health & Being” by promoting the Mental Health



**SCHOOL WORKSHOP**



**COLLEGE WORKSHOP**



**NGOs WORKSHOP**



**CHILDREN HOME WORKSHOP**



**PROFESSIONAL INSTITUTE WORKSHOP**



**ITI WORKSHOP**



### CORPORATE SECTOR WORKSHOPS



### WORKSHOPS IN HARDWAR, LUCKNOW & NOIDA MANAGEMENT ASSOCIATIONS

**“WE BLEND PSYCHOLOGY & SPIRITUALITY TO MOTIVATE, INSPIRE & UPLIFT OTHERS.”**

The purpose of conducting the above workshops and training is to Motivate, Inspire and Uplift the masses through Training the Mind. All the great spiritual leaders like Gautam Buddha, Mahatma Gandhi and even in Gita, the training of mind has been considered as very important for improving our thoughts and Life.

By conducting such workshops Vijayash Foundation aims to spread ripples of Joy, Love, Happiness, Wisdom and Enlightenment in the Universe.

**Residential Societies Workshops** - One of the unique initiative of Vijayash foundation is to conduct Motivational Workshops in residential societies. We started the initiative from I.P. extension societies & covered so far more than 20 societies. Hopes to cover around 100 societies in next six months. The residents whosoever joined felt very enthusiastic about our concept. Many residents' take away was how to live a happy & healthy life inspite of all life problems.



### **RESIDENTIAL SOCITIES WORKSHOPS**

#### **2) Education Development of underprivileged Children**

Vijayash Foundation provides free education, self development, personality development and confidence building classes to less privileged children in East Delhi. So far provided in last more than 3 years various development activities to over 450 children of Karkardooma village and nearby area of East Delhi.

Vijayash Foundation lays emphasize on mental health of the children. We provide them healthy environment and let them engage in healthy discussions, debates, drama, story telling, acting to unleash their potential and creativity.

Various children developed by us are now more confident about their successful future. Few of them have developed themselves as motivational speakers & now leading the younger team of such children.



### **VF LEARNING CENTER**

#### **3) Senior Citizens Training**

Vijayash Foundation consider senior citizens as one of the important section of the society. It considered motivating and rejuvenating the senior citizens as one of its important assignment and determined to work for their well being. Senior citizens whosoever attend our workshop felt good and blessed us with more and more success.

Vijayash Foundation gives opportunity to our dear respected Senior Citizens to share their life experience & lessons. This works as healing for them when a group of people listens to them.



### **SENIOR CITIZEN WORKSHOPS & TRAINING**

**WOMEN EMPOWERMENT** - We all know women are the backbone of our society. As per one research women are more spiritually intelligent than men but Simultaneously one third of the women in the world continue to suffer for various mental blocks. We intend to awaken them to their importance and creativity through our various training workshops.



### **WOMEN EMPOWERMENT TRAINING**

#### **4) Yoga & Meditation**

Vijayash Foundation always recommend yoga as the first recourse to improve our life. We believe yoga has the power to awaken us and unleash our potential. Further Meditation is the powerful technique to heal us & to control us & our senses.

Vijayash Foundation conducts daily yoga classes from 5:30 am to 7:15am at Jagriti Park, I.P .extension, Delhi - 110092 & celebrated 'International Yoga Day' on 21st June 2019.



**Meditation Workshop**



**Celebrated 'International Yoga Day'**

**Team** - Vijayash Foundation has four trustees and a team of 10 persons associated with us who are our Advisors. They are all professionals who are working at senior level positions in the corporate sector, other organisations & also who are retired from govt./private sector organizations. .

Vijayash Foundation has a team of over six speakers who are counsellors, psychologists, trainers and yoga & meditation experts.

**Founder** - The Organisation was founded in April, 2015 by CS Deepak Jain who after working in the Corporate Sector for more than 25 years developed himself as a 'Life Coach & Spiritual Motivational Speaker'.

**"OUR SUCCESS DEPENDS ON THE SUCCESS OF OTHERS"**